

## Adventure Hunt

45 Minute  
Activity  
For  
Any Age

Sometimes we feel so connected to the environment around us, yet only once we take the time to slow down and take a closer look at things do we see that there is so much more going on than we imagined. Here is a quick and fun activity that you and your family can do to explore your backyard and local community greenspace during this time.

Whether you have access to a backyard, a local park or greenspace, a balcony or large window in your home, everyone should be able to complete the adventure hunt list below. Gather as a family and decide how you are going to complete this activity, whether you are all headed to your local park, balcony or back yard. Print off the Moment of Intention sheet or copy down the adventure hunt list of things to find. The only things you'll need are this list, a pen and a camera as some of the adventure hunt items require you to take a photo.

| <u>Things to Find</u>   | <u>Things to Photograph</u>                                 |
|---|---|
| <input type="checkbox"/> Something Smooth   | <input type="checkbox"/> A 'Stop sign'                      |
| <input type="checkbox"/> Something Rough  | <input type="checkbox"/> Your Favourite Tree                |
| <input type="checkbox"/> Which direction the wind is blowing                      | <input type="checkbox"/> An Animal                          |
| <input type="checkbox"/> List all the types of transportation that you see. _____ | <input type="checkbox"/> 3 Different kinds of Birds         |
| _____   | <input type="checkbox"/> A Bug                              |
| <input type="checkbox"/> Something Fuzzy  | <input type="checkbox"/> Take a Family Photo Outside        |
| <input type="checkbox"/> 3 Different Types of Leaves                              | <input type="checkbox"/> A Street Name Sign                 |
| <input type="checkbox"/> Something Only Found in Spring                           | <input type="checkbox"/> A Pinecone                         |
| <input type="checkbox"/> Something You Think is a Treasure                        | <input type="checkbox"/> A Flower                           |
| <input type="checkbox"/> Something Bumpy  | <input type="checkbox"/> An Animal or Pet Track             |
| <input type="checkbox"/> Someone Walking a Dog                                    | <input type="checkbox"/> A Payphone (this one may be hard!) |
| <input type="checkbox"/> An Outdoor Clock   | <input type="checkbox"/> A Newspaper                        |
| <input type="checkbox"/> A Water Source   | <input type="checkbox"/> An old TV Antenna                  |
|   | <input type="checkbox"/> A Playground                       |

*You need to find and take a photo of everything on both lists to complete this activity!*

### What's Next?

Once you have completed your Adventure Hunt and you have returned home as a family, take some time to discuss your answers. Use this Adventure Hunt as a platform to learn more about your local environment. For example; use the photo of your favourite tree to figure out what type of tree it is or what type of birds you photographed. There is always so much to learn from the world around us if we stay curious and are open to learning.

### Materials needed:

- Adventure Hunt List
- Pen
- Camera