

3 – 4 Hour
Activity
For
Everyone

Natural Leaf Bowl

Throughout history, people have always been drawn to decorating and shaping their living spaces to accommodate their needs and to allow themselves to feel at home. Incorporating natural materials into these spaces is a common way to add texture, connection and the feeling of the natural environment to an indoor space. Using natural materials to decorate is a healthy way to reduce your consumption, be resourceful, and further develop your connection to the natural environment. Here is an activity for you and your family to make a natural leaf bowl, incorporating nature into your living space by using the resources around you.

Follow the link below to watch a step by step video on how to make your own homemade leaf bowl.

DIY
LEAF BOWL



<https://www.youtube.com/watch?v=FwBGHOnEn7A>

Reflection Questions:

- How did this activity make you feel? Did anything surprise you or stand out?
- What methods did you follow when selecting which natural materials to use?
- How can we incorporate other natural materials when decorating our living spaces?
- How can using natural materials reduce our impact on the natural environment?

Leaf Bowl Tips:

When creating your leaf bowl there are several things that you will need to consider.

- When collecting the natural materials you will use for your leaf bowl, it is best to use materials that don't have big veins or stems and are very flexible and hardy. Big leaves and flower petals work well.
- Before you start crafting your leaf bowl, take some time to plan out what you wish this bowl to look like.
- Use leaves and natural materials found on the ground, instead of pulling them from a live plant.

Homemade Mod Podge Recipe:

If you do not have Mod Podge available at home, take 1 cup of PVA glue (white glue) and mix it with 1/3 cup of water.

Materials Needed:

- 1 Balloon
- Scissors
- Bowl
- Mod Podge
- Brush
- 20-25 Leaves
- Optional: Other natural materials you wish to incorporate into your bowl.