

15 - 30  
Minute  
Activity  
For  
Everyone

## Oreo Art

Art has continued to diversify and expand more and more over time. Though Food Art has been a practiced art style since the 16<sup>th</sup> century, in the 1960's it expanded to include a new style called Eat Art. Here is an activity for you and your family to make snack time more creative and fun.

Eat Art is an art style that doesn't use conventional art practices to express food, but rather uses the food to create art creations. There have been many famous Eat Art pieces since the introduction of this art style, but the popularization of this art style exploded with Oreo Art. Oreo Art is where you use the wonderful cream filling of the cookie to sculpt and create your own piece of art. Using the cream filling of this cookie, to try your hand at this art form. It's a great platform to express yourself and get creative in a new way.



**Need help thinking of an idea? Click the link below to view different designs and to see this art form in action.**

### Activity:

Start by grabbing some Oreo cookies from the cupboard as well as some toothpicks or wooden skewers and a napkin just in case things get messy. Next, take an Oreo cookie and split it in half. Be careful not to break the cookie or tear the cream filling. Once you've separated your cookie, your canvas for creativity is ready. Use a toothpick or wooden skewer as your tool to help you sculpt and create your piece of art.



[https://www.youtube.com/watch?v=1gzVl\\_XJVaw&list=PL3gRhsFjneo3adpn3l\\_U83nutSVngPY7-#index=1](https://www.youtube.com/watch?v=1gzVl_XJVaw&list=PL3gRhsFjneo3adpn3l_U83nutSVngPY7-#index=1)

### Oreo Art Tips

- Start with a simple design and then build upon your skills, this may be more challenging than you think.
- Have patience with yourself, if your cookie breaks or your design doesn't go as planned, remember that you can eat your cookie and start again!
- It is best to use regular Oreo cookies, rather than the Double Stuffed!
- If you don't have Oreo cookies in the house, maybe add them to your next grocery list!

### Materials Needed:

- Oreo Cookies
- Toothpick or wooden skewer
- Creativity
- Send us a photo of your creations to: [info@aliveoutdoors.com](mailto:info@aliveoutdoors.com)