

A Moment of Intention #14



1 Hour
Activity
For
Any Age

Photography Walk

Discover and share your world through your lens. In this activity, you are encouraged to be attentive to and document your environment. Photography is a wonderful tool that allows you to capture the exact instance of an interesting moment. Intention is what makes photography unique.

This activity can be completed with the use of a camera or smartphone. Your photography walk may take place in your home, backyard or during a neighbourhood outing. Given the circumstances it is pivotal that we stay safe and ask permission to take photos of others. It is remarkable what can be captured when you slow down and look around.

**During this exercise keep in mind these four simple photography tricks.
Look to see how they each change the intention of the photo.**

This found object tells a story. It brings the viewer in yet offers intrigue. This is about capturing a feeling, moment, or event.



This image of a vent, captures the simplicity and beauty of the mundane. You don't always have to be in extraordinary places to photograph pleasing shapes, interesting texture or unique composition.



This photograph speaks to the importance of lighting and positioning. Watch as different elements come alive and transform as the daylight changes.



Black and white mutes unwanted information. Attention is only on the emotion or information. For a portrait - what subtle changes can you make to convey their personality. Change your angle and see what happens.



REFLECTION:

Notice how each decision you make in composition changes the intention the photo has – this expression is your individuality and creativity.

When we notice details around us and turn them into a piece of art, we bring value and meaning to things that are often overlooked. What also makes photography special is the unique perspective and perception of the piece of art. Photography is about creating original works, as original as each person!

- Did your connection with your subject or scene change the way you personally understood or viewed it?
- Do you feel you are cultivating your photographic eye? What does that look like?

EXTEND YOUR PHOTO SKILLS:

Try to produce 5-10 images that you like. If unsure, use these tips as a guide:

1. Rule of thirds
2. Negative space
3. Black and white
4. Editing - VSCO App is free and easy to use
5. Portrait
6. Nature

If you're looking for more tips here are some National Geographic links:

<https://www.nationalgeographic.com/photography/photo-tips/camera-phone-photos/>
<https://kids.nationalgeographic.com/explore/photo-tips-pet-photography/>